

Thyrogen 131-I Meta Scan & Uptake Schedule

NAME: _____

AGE: _____

This is your schedule and preparation for your future appointments

The week before you're scheduled for your Thyrogen process.

Date: _____ The Low iodine diet needs to be started on Monday (which is on the back of this page)

***you will continue to be on this diet until further notice by the doctor**

The Thursday (or) 1 week before your first Thyrogen injection the blood work needs to be completed. Date: _____

The Friday (2 days) before your thyrogen injection you will stop taking all levothyroxine. Date: _____

The following is your scheduled appointments.

- **Day 1 (Mon.)- _____ (15 min) Injection**
- **Day 2 (Tue.)- _____ (15 min) Injection**
_____ (15 min) i131 Meta Drink
- **Day 3 (Wed.)- _____ (30 min) i131 neck scan**
- **Day 4 (Th.)- _____ (45 min) i131 whole body scan**
- **Day 4 (Th.)- _____ (15 min) Follow up**
w/ Dr. Pinnamaneni

Patient Signature: _____

If you have any questions we are only a phone call away and would be happy to answer any questions you may have (480) 838- 2277.