

KRISHNA M. PINNAMANENI, MD, FRCP(C)_{IM}, FRCP(C)_{ENDO.}, FACP, FACE, MBA, MHSA
Endocrinology- Metabolism & Nuclear Medicine

Patient Name: _____ **DOB:** _____

Height: _____ **Weight:** _____ **Body Mass Index (BMI):** _____

INSULIN SCHEDULE ON HOME OR CONTINUOUS GLUCOSE MONITOR (HGM or CGM)

NOVOLOG/FIASP/HUMALOG/APIDRA: As per blood sugars sliding scale below

SHORT ACTING INSULIN SLIDING SCALE:

FASTING: Less than 60mg/dl (-) 4 units (minus)

OTHER TIMES:	BMI: 20-25	BMI: 26-30	BMI: 31-35	BMI: >36
151-180 mg/dl	+ 3 units	+ 4 units	+ 5 units	+ 6 units
181-200	+ 4 units	+ 5 units	+ 6 units	+ 7 units
201-225	+ 5 units	+ 6 units	+ 7 units	+ 8 units
226-250	+ 6 units	+ 7 units	+ 8 units	+ 9 units
251-275	+ 7 units	+ 8 units	+ 9 units	+ 10 units
276-300	+ 8 units	+ 9 units	+ 10 units	+ 11 units
301-325	+ 9 units	+ 10 units	+ 11 units	+ 12 units
326-350	+ 10 units	+ 11 units	+ 12 units	+ 13 units
351-375	+ 11 units	+ 12 units	+ 13 units	+ 14 units
376-399	+ 12 units	+ 13 units	+ 14 units	+ 15 units
➤ 400	Call us and go to ER or Primary Care – ASAP Check Urine Ketones	Call us and go to ER or Primary Care – ASAP Check Urine Ketones	Call us and go to ER or Primary Care – ASAP Check Urine Ketones	Call us and go to ER or Primary Care – ASAP Check Urine Ketones

<u>Before Breakfast</u>	<u>Before Lunch</u>	<u>Before Dinner</u>	<u>Bedtime</u>
+	+	+	+
<u>Per sliding scale</u>	<u>Per sliding scale</u>	<u>Per sliding scale</u>	<u>Per sliding scale</u>

INSULIN PUMP SETTINGS:

BASAL RATE PER HOUR	BOLUSES

Lantus/Levemir/Basaglar/Tresiba/Toujeo:

Low Calorie ADA Diet: cdc.gov/diabetes or diabetes.org

1000 / 1200 / 1400 / 1500 / 1600 / 1800 / 2000 / 2200 / 2400

Provided these instructions on: _____